

MICHAEL J. GRAU, D.M.D, P.S.C.

ROOKWOOD TOWER
3805 EDWARDS ROAD, SUITE 160
CINCINNATI, OHIO 45209
Telephone (513) 321-9627

If you are going to sleep for your surgery, please follow these instructions.

- 1.) You may not eat or drink anything, even water, for eight hours prior to your surgery. Do not chew gum or suck on hard candy.
- 2.) If you are instructed by our office to take an antibiotic before your surgery, take it as directed with a sip of water.
- 3.) If instructed by our office to take your usual medications such as for blood pressure before your surgery, take them two hours prior to your surgery with a sip of water.

Please follow the above instructions exactly, no matter what friends, pharmacists or others tell you. If you have questions, please call before doing anything. If you do not follow these instructions exactly, your surgery may have to be rescheduled.

- 4.) You will need someone to come with you to drive you home. Your escort must come with you and wait during your surgery. They cannot drop you off and pick you up or be called to pick you up.

If you come without an escort, your surgery will have to be rescheduled.

- 5.) You should not drive, operate machinery, or even make important decisions until the following day. You should not do anything that puts you at risk for injury. Your judgment will be cloudy post-op.
- 6.) Contact lenses should not be worn and should be left home.
- 7.) Wear inexpensive, comfortable, loose-fitting clothing. Do not wear make-up, jewelry, or nail polish. Please remove rings from ears, lips, tongues, etc.
- 8.) Please honestly inform us of all drugs you may be taking, both legal and illicit. Many drugs interact with anesthetic agents. We need to know if you have taken diet drugs or drugs for ADD.
- 9.) If you are asthmatic, please use your inhalers before leaving home to come to the office and bring them with you.

If you eat or drink within eight hours of your appointment or come without your driver, your appointment will unfortunately have to be cancelled.